

# DECEMBER 2023

## Little Falls City School District

All Students Lunches are **FREE** under CEP  
 \*A 2<sup>nd</sup> Lunch can be purchased for \$2.55  
 \*All items are served on a Whole Grain roll or Whole Grain Breading

**Monday**
**Tuesday**
**Wednesday**
**Thursday**
**Friday**


Chicken Nuggets **1**  
 Assorted Sauces  
 Sweet Potato Fries,  
 Carrots, Apple Sauce,  
 NYS Milk  
 Sandwich- Ham, PBJ

Mountie Bowls **4**  
 Popcorn Chicken,  
 Mashed Potatoes w/ Gravy,  
 Corn,  
 Bananas, NYS Milk  
 Sandwich-Turkey, Tuna, PBJ

Meatball Subs w/Mozzarella  
 Cheese **5**  
 Or Pasta w/Meatballs & Garlic  
 Bread,  
 Roasted Broccoli, Mixed Fruit,  
 NYS Milk  
 Sandwich-Turkey, Tuna, PBJ

Beef or Chicken Tacos **6**  
 WG Chips or WG Soft Tortilla  
 Shell, Melted Cheddar Cheese,  
 Lettuce, Salsa, Re-Fried Beans,  
 Veggie Dippers,  
 Strawberry Cups, NYS Milk  
 Sandwich-Turkey, Tuna, PBJ

Pizza Day **7**  
 Cheese, Chicken Wing,  
 or Broccoli Pizza  
 On a WG Crust  
 Mixed Salad, Pears, NYS Milk  
 Sandwich-Turkey, Tuna, PBJ

Breaded Chicken Sandwich or  
 Chicken Parm. Sandwich **8**  
 Tatar Tots, Carrots, Apples,  
 NYS Milk  
 Sandwich-Turkey, Tuna, PBJ

Mountie Dunkers **11**  
 w/Marinara Sauce and  
 Side of Pasta,  
 Garlic Broccoli, Peaches,  
 NYS Milk  
 Turkey- Ham, PBJ

Chicken Nuggets **12**  
 Assorted Sauces  
 Sweet Potato Fries,  
 Carrots, Pears  
 NYS Milk  
 Sandwich- Ham, PBJ

Wacky Wednesday **13**  
 French Toast Sticks, Sausage or  
 Egg Patty, Hash Brown,  
 Veggie Dippers, Applesauce,  
 NYS Milk  
 Sandwich-Ham, PBJ

Pizza Day **14**  
 Cheese, Chicken Wing,  
 or Broccoli Pizza  
 On a WG Crust  
 Green Beans, Oranges,  
 NYS Milk  
 Sandwich-Ham, PBJ

Cheeseburgers on WG Roll **15**  
 Onion Rings or Spiral Fries  
 Baked Beans,  
 Apples or Oranges,  
 NYS Milk  
 Sandwich-Ham, PBJ

Mountie Bowls **18**  
 Popcorn Chicken,  
 Mashed Potatoes w/ Gravy,  
 Corn,  
 Bananas, NYS Milk  
 Sandwich-Turkey, PBJ

Mozzarella Sticks with **19**  
 Marinara Sauce and a Side of  
 Pasta, Veggie Dippers or  
 Green Beans, NYS Milk  
 Sandwich-Turkey, PBJ

Beef or Chicken Tacos **20**  
 WG Chips or WG Soft Tortilla  
 Shell, Melted Cheddar Cheese,  
 Lettuce, Salsa, Re-Fried Beans,  
 Pears, NYS Milk  
 Sandwich-Turkey, PBJ

Christmas Pizza Party **21**  
 Cheese, Chicken Wing, Broccoli  
 Pizza, Boneless Wings  
 Mixed Green Salad, Apple Crisp,  
 NYS Milk  
 Sandwich-Turkey, PBJ



Students must take 3 items to be a meal, 1 of those items needs to be a fruit or vegetable.  
**USDA is equal opportunity & provider**

For questions or concerns, please call, Stephanie Johnson, Child Nutrition/Food Service Director, 315-823-1400 option 4

