

JANUARY 2024

Little Falls City School District

All Students Lunches are **FREE** under CEP
 *A 2nd Lunch can be purchased for \$2.55
 *All items are served on a Whole Grain roll or Whole Grain Breading

Monday	Tuesday	Wednesday	Thursday	Friday
No School 1 	No School 2 	NYS Hot Dogs or Pulled Pork 3 Sweet Potato Fries, Garlic Broccoli, Peaches, NYS Milk Sandwich-Ham, PBJ	<u>Pizza Day</u> 4 Cheese, Chicken Wing, or Broccoli Pizza Roasted Broccoli & Cauliflower Veggie Sticks Applesauce, NYS Milk Sandwich-Ham.PBJ	Chicken Nuggets 5 Crinkle Cut Fries Green Beans, Oranges, NYS Milk Sandwich-Ham, PBJ
<u>Mountie Bowls</u> 8 Popcorn Chicken, Mashed w/Gravy, Corn, Bananas, NYS Milk Sandwich-Turkey, PBJ, Or Egg Salad	Beef or Chicken Tacos 9 On WG Soft Shell or WG Chips, Melted Cheese, Salsa, Lettuce, Sour Cream, Pears, NYS Milk Sandwich-Turkey, PBJ, Egg Salad	French Toast Sticks 10 Sausage or Egg Patty Hash Brown, Strawberry Cups, NYS Milk Sandwich-Turkey, PBJ, Egg Salad	<u>Pizza Day</u> 11 Cheese, Chicken Wing, or Broccoli Pizza Carrots, Veggie Sticks Mixed Fruit, NYS Milk Sandwich-Turkey, PBJ or Egg Salad	Macaroni and Cheese w/Bread Stick or Fish Sticks W side of Mac and Cheese Peas, Apples, NYS Milk Sandwich-Turkey, PBJ, Egg Salad
No School 15 	Chicken Nuggets 16 Sweet Fries, Green Beans Mixed Fruit Salad, NYS Milk Sandwich-Ham, PBJ	Grilled Cheese 17 Tomato Soup or Chicken Noodle Soup Crackers, Broccoli, Black Bean Brownies, NYS Milk Sandwich-Ham, PBJ	<u>Pizza Day</u> 18 Cheese, Chicken Wing, or Broccoli Pizza Roasted Broccoli & Cauliflower Veggie Sticks Applesauce, NYS Milk Sandwich-Ham. PBJ	Cheeseburgers or BBQ Ribs 19 Tater Tots, Corn, Apples, NYS Milk Sandwich-Ham, PBJ
Mountie Dunkers 22 w/ Side of Pasta, Mixed Green Salad, Bananas, NYS Milk Sandwich-Turkey, Tuna, PBJ	Beef or Chicken Tacos 23 On WG Soft Shell or WG Chips Melted Cheese, Salsa, Lettuce, Sour Cream, Re-Fried Beans, Corn, Pears, NYS Milk Sandwich-Turkey, Tuna, PBJ	Meatball Sub or Pasta 24 w/Meatballs w/Breadsticks Green Beans, Applesauce, NYS Milk Pudding Cups Sandwich-Turkey, Tuna, PBJ	<u>Pizza Day</u> 25 Cheese, Chicken Wing, or Broccoli Pizza Broccoli w/Cheese Sauce Veggie Sticks Oranges, NYS Milk Sandwich-Turkey. Tuna. PBJ	No School 26 Superintendents Conferences
<u>Mountie Bowls</u> 29 Popcorn Chicken, Mashed Potatoes w/Gravy, Corn, Pears, NYS Milk Sandwich-Ham, PBJ	Mozzarella Sticks 30 Side of Pasta Mixed Green Salad, Apple Sauce, NYS Milk Sandwich-Ham, PBJ	French Toast Sticks 31 Sausage or Egg Patty Hash Brown, Carrots, Strawberry Cups, NYS Milk Sandwich-Ham, PBJ		

Students must take 3 items to be a meal, 1 of those items needs to be a fruit or vegetable.
USDA is equal opportunity & provider

For questions or concerns, please call, Stephanie Johnson, Child Nutrition/Food Service Director, 315-823-1400 option 4