

# MARCH 2024

## Little Falls City School District

All Students Lunches are **FREE** under CEP  
 \*A 2<sup>nd</sup> Lunch can be purchased for \$2.55  
 \*All items are served on a Whole Grain roll or  
 Whole Grain Breading (WG)

Monday



Chicken Patty on a WG Roll  
 Sweet Potato Fries  
 Steamed Carrots  
 Apple Slices  
 NYS Milk  
 Sandwich-Ham, PBJ

Tuesday



Mountie Dunkers with  
 Spaghetti Sauce  
 Side of Pasta  
 Mixed Green Salad  
 Peach Cups, NYS Milk  
 Sandwich-Ham, PBJ

Wednesday



Cheese Burger or Pulled  
 Pork Sandwich on WG Roll  
 Smile Fries or Onion Rings  
 Baked Beans  
 Mixed Fruit, NYS Milk  
 Sandwich-Ham, PBJ

Thursday



**Pizza Day**  
 Cheese, Chicken Wing or  
 Broccoli Pizza on a WG Crust  
 Roasted Broccoli  
 Veggie Sticks, Apple Crisp  
 NS Milk  
 Sandwich-Ham, PBJ

Friday

Chicken and Broccoli Alfredo  
 Peas  
 WG Roll  
 Strawberry Cups  
 NYS Milk  
 Sandwich-Turkey, PBJ

**Mountie Bowls**  
 Popcorn Chicken  
 Mashed Potatoes & Gravy,  
 Corn, Bananas,  
 NYS Milk  
 Sandwich-Turkey, PBJ, Egg Salad

Grilled Cheese Sandwich's  
 Tomato Soup or Chicken  
 Noodle Soup  
 Steamed Carrots, Peach  
 Cups, NYS Milk  
 Sandwich-Turkey, PBJ, Egg Salad

**Wacky Wednesday**  
 French Toast Sticks, Sausage or  
 Egg Patty, Hash Browns,  
 Carrot and Cucumber Sticks,  
 Fruit or Juice, NYS Milk  
 Sandwich-Turkey, PBJ, Egg Salad

**Pizza Day**  
 Cheese, Chicken Wing or  
 Broccoli Pizza on a WG Crust  
 Steamed Baby Carrots,  
 Veggie Sticks, NS Milk  
 Sandwich-Turkey, PBJ, Egg Salad

½ Day  
 No Lunches Served

Mozzarella Sticks  
 w/Spaghetti Sauce  
 Side or Pasta,  
 Green Beans, Apple Slices,  
 NYS Milk  
 Sandwich-Ham, PBJ

Chicken Nuggets  
 Assorted Dipping Sauce  
 Sweet Potato Fries,  
 Roasted Broccoli & Cauliflower,  
 Oranges,  
 NYS Milk  
 Sandwich-Ham, PBJ

Beef or Chicken Tacos  
 On a WG Soft Tortilla or  
 WG Chips,  
 Melted Cheese Sauce, Lettuce,  
 Salsa, Corn, Veggie Dippers,  
 Oranges, NYS Milk  
 Sandwich-Ham, PBJ

**Pizza Day**  
 Cheese, Chicken Wing or  
 Broccoli Pizza on a WG Crust  
 Roasted Cauliflower,  
 Veggie Sticks, Pears  
 NS Milk  
 Sandwich-Ham, PBJ

Cheese Burger or Pulled  
 Pork Sandwich on WG Roll  
 Crinkle Cut Fries,  
 Baked Beans  
 Mixed Fruit, NYS Milk  
 Sandwich-Ham, PBJ

Chicken Patty on a WG Roll  
 Sweet Potato Fries  
 Steamed Carrots  
 Bananas  
 NYS Milk  
 Sandwich-Turkey, PBJ, Tuna

Meatball Subs on a  
 WG Roll or  
 Pasta w/Meatballs and a WG  
 Roll, Steamed Broccoli,  
 Apples, NYS Milk  
 Sandwich-Turkey, PBJ, Tuna

Grilled Cheese Sandwich's  
 Tomato Soup or Chicken  
 Noodle Soup  
 Corn, Peach Cups, NYS Milk  
 Sandwich-Turkey, PBJ, Tuna

**Pizza Day**  
 Cheese, Chicken Wing or  
 Broccoli Pizza on a WG Crust  
 Green Beans  
 Veggie Sticks, Apples  
 NS Milk  
 Sandwich-Turkey, PBJ, Tuna

**No School  
 Good Friday**

Students must take 3 items to be a meal, 1 of those items needs to be a fruit or vegetable.

**USDA is equal opportunity & provider**

For questions or concerns, please call, Stephanie Johnson, Child Nutrition/Food Service Director, 315-823-1400 option 4